SAN JOAQUIN SIERRA Hoof Prints

May 2023

San Joaquin Sierra Unit, BCHC PO Box 25693 Fresno, CA 93729.5693

Email: membership@bchcalifornia.org (membership email only) On the WEB: www.bchcsjsu.org (SJS Unit) or www.bchcalifornia.org (State) BACKCOUNTRY HORSEMEN

Day

Issue 58

Concerned Men and Women Dedicated to Gentle Use of California Trails and Backcountry

Presidents Message



The weather is starting to break and once again saddle time. What beautiful weather we had this weekend for the mule clinic with Jo-Dee Collins. A great time was had by all.

Be sure to mark your calendars for May 16 for what should be another

great general meeting. Ruth has secured Bailey Mello our intern for last summer. She has some fantastic pictures and stories to match. Hope to see you there.

Our calendar is available both on our website and in our newsletter. Keep an eye on the calendar and hope to see you at one of the events. Thanks to all who continue to participate and those of you who continue to be part of our unit. Don't forget, if you would like to sponsor a ride we would be glad to have your input. Big Meadows will open late this year, but there are still a couple of openings for host. If interested check with Jim Knabke for dates.

Remember to stay in the saddle. The ground is hard.

Joe Kaminski President

CONTEST TIME Find the Hidden Hoof Print!

First person to find the hidden hoof print in this newsletter and email Jim Laber @ jim@visaliaidea.com

Will Get A Free BCHCSJSU Long Sleeve Color T-Shirt

GOOD LUCK!

Congratulations to Tami Telles for being the first one to find the hoof print last issue!

2023 Calendar

Board Meetings are on the 1st Tuesday of the month. All members are welcome to attend. Board meetings start at 6:30 pm at the Clovis Elks Lodge, 535 Woodworth Ave. (Bullard & Woodworth).

Calendar & Ride schedule is on-going, and new events and rides will be published when confirmed. Note: Dates and events are subject to change or cancellation; calling the contact person is recommended or checking www.bchcsjsu.org

2023

| May 2 | Board Meeting |
|-------------|--|
| May 5-7 | San Joaquin River Gorge Work Party/Camp out/Ride |
| May 16 | General Meeting |
| June 3 | Big Meadows Work Party |
| June 6 | Board Meeting |
| June 17 | Raffle Ride Shaver Lake |
| June 23-29 | Edison Work Party |
| July 5 | Board Meeting |
| July 13-16 | Montana de Oro Campout Click for Flyer/Reservation |
| August 1 | Board Meeting |
| August 4-7 | Chamberlain Work Party |
| September 5 | Board Meeting |
| September 9 | Memorial Ride |
| October 5-9 | Coastal Mounted Unit MDO(non unit event) |
| October 18 | Election/General Meeting (Location TBA) |
| November 3 | Board Meeting |
| November 4 | BCHC-SJU Unit Dinner |
| December 5 | Board Meeting |
| December | Christmas Dinner Will NOT BE HELD THIS YEAR |

Is there any activity that you would like to sponsor? We are always looking to improve the club and making it fun for all members. Please submit your ideas, kaminskiclan@gmail.com. You may call 559.909 0505 and I will get back to you.

Joe Kaminski President

> Remember to check for any Unit updates at our Web Site: <u>www.bchcsjsu.org</u> for the San Joaquin/Sierra Unit, <u>www.bchcalifornia.org</u> for the State Web Site

The purpose of this publication is to keep its members in- formed on important issues that affect all horsemen and to inform the membership on up-coming events within the unit. The views and opinions expressed in this newsletter are those of the editor & authors and not necessarily shared by BCHC.

CRUSTY DUTCH OVEN BREAD

An easy, no knead recipe for flawless artisan-style bread baked in a classic dutch oven.

INGREDIENTS:

- 3 cups all purpose flour
- 1 tsp salt
- 1/2 tsp yeast
- 1 1/2 cups warm water



INSTRUCTIONS:

1. In a large mixing bowl, add all of the ingredients- stirring until evenly combined.

2. Cover the bowl with a lid, or seal with plastic wrap. Set aside, at room temperature, for at least 8 hours but up to 24.

3. Transfer the dough to a floured surface, such as counter top or cutting board, and form into a ball. Let the dough ball rest for 30 minutes.

4. While the dough's resting, place a covered dutch oven into the oven, set to 450 degrees, and let it preheat.

5. Using a sharp knife slice an 'x' into the top of the bread. You can also use kitchen shears to cut an 'x', or skip the step completely.

6. Carefully transfer the dough to the preheated dutch oven. Return the lid, and bake for 30 minutes. Remove the lid, and continue baking another 10-15 minutes, or until the loaf's golden brown.

7. Remove from the oven, and let the loaf cool before slicing and serving warm.



San Joaquin Sierra Unit

Board Meeting Mar.1, 2023

Call to order: 6:40

Flag salute

Roll Taken: President: Joe Kaminski, Vice President: Ruth Cramer Secretary: Carol Kaminski, Treasurer: Gary Van Sickle Directors: Sue Van Sickle, Richard Telles, Tami Telles, Doug Laber, Jim Laber, Jan Mikkelson, Karen Daughrity,

Marcee Hansen, Past President: Duane Peverill

Minutes review and approved: 1st Jim, 2nd Sue

Correspondence: Big Meadows check

Committee reports:

Education: Discussed trail etiquette and possible posting at trail heads.

Membership:

Newsletter: Articles due Mar. 20.

Public lands: Farm show - Possible contacts made for Big Meadows. Kenneth Loner contact for e-bikes (Devin Nunez) old office. Gary moves for club to pay for lunch with Kenneth. Karen 2nd

Sunshine:

Shaver Lake: Closed

Big Meadows: Closed. Dates open for hosting - July 9-16, 25- Aug. 12, Sept. 11-24, 27- Oct.1. Contact Jim Knapke if interested. OLD BUSINESS. EVENTS for 2023

Mar. 15 - General Meeting Marily Reese to speak on her travels as a youth on the PCT.

Mar. 24-26 Rendezvous Temecula. • Mar. 31-Apr. 2 - Desert Ride -See Jim or Doug Laber

Apr. 4 - Board meeting • Apr. 22 Desentizing clinic. Location TBD • April 29 - Clovis Rodeo Parade

May 2 - Board meeting. • May 5-7 - Gorge Work and Ride Campout • May 17- General Meeting Speaker

June 3 - Big Meadows Open Camp Work Party • June 6- Board meeting • June 17 - Shaver Ride Raffle

June 23-29 Edison Work Party

July 5 (Wed.) Board meeting • July 13-17 - MDO

Aug.1 - Board Meeting • Aug. 3-7 Chamberlain Work Party

Sept. 5 Board Meeting • Sept. 9 - Memorial Ride (Big Meadows)

Oct. 3 - Board Meeting • Oct. 5-9 CMA Coast Ride (Non club event) • Oct. 18 - Election Meeting 6:30 Location TBD

Nov. 4 - Holiday Dinner at Sal's • Nov. 7 - Board Meeting • Nov. Jose' Basin

Dec. 5 - Board Meeting

NEW BUSINESS: 1. Point Reyes Ride - See Jan Mikkelson if interested.

2. Trail Guides - needed for Yosemite Trail Pack Station.

3. BCHA Grants - Applied for to defray Gorge transportation costs.

Next meeting: Apr.4, 2023

Adjorn: 7:30 Sue 1st, 2nd Jan

JO DE COLLINS CLINIC

By: Duane Peverill



A great time and a very informative clinic by Jo De Collins was enjoyed by 7 of our members: Joe and Carol Kaminski, Duane and Patricia Peverill, Dan Baumgarten, Bob Herrick and Loni Langdon. The clinic was held at a ranch in Visalia, California. We were hosted by Pattie W who made everyone feel extremely welcome. We arrived Friday night and a large group went to dinner in Visalia. It was a very enjoyable evening. Saturday morning started with everyone stating what their problems were with their riding mount. The clinic was limited to 10 participants. After everyone addressed their issues, Jo De went through each problem with the group. It was very eye opening. Even if you didn't have that particular problem you still learned a lot. Sometimes we don't realize a problem until you have seen it addressed. After a morning of working on issues we stopped for lunch which was prepared by Joe and Carol. We was great Tri Tip sandwiches with all the condiments. After lunch we mounted back up and continued with the lessons. At end of the day session we took a trail ride out through the orchards. It was a nice way to end the day. Three of us spent the night and the others headed home. Sunday we were all back in the saddle by 9:00 and Jo De worked with each person individually with their issues. Again you can always learn something. Each participant exchanged ideas and how they addressed their issue. Jo De really expressed that as a rider you really need to know yourself and the equine limit. To many times we forget and that is when an accident happens. We broke for a late lunch in which we had Tacos. It was getting hot and many had some distance to travel to get home. Jo De had to return to Placerville which is a good 6 hour drive. Everyone walked away from the clinic with a new understanding of issues that all equines can have. We all need to keep in mind that when riding with a group we need to know the limits of all the riders abilities so we all have a safe and enjoyable ride. Hope to see you on the trails. Remember to follow us on our Facebook page and our website bchcsjsu.org. Pictures will be posted.



Photos by: Pat & Duane Peverill



PLAN AND PREPARE

Depending on where you are riding or packing, in the event of an equine emergency, it may take several hours or longer for your stock to be treated by a veterinarian. You should plan and prepare to be on your own in caring for your injured stock for several hours or longer.

If you are traveling away from home, create and take with you a list of several local large animal veterinary hospitals that could treat your stock, in the event of a medical emergency. Include the hospital name, address, phone numbers and directions (if you do not have GPS).

Prepare a complete equine first aid kit for your trailer or packing, and a smaller one to take on the trail in your saddlebags. You will need the supplies necessary to stabilize your stock in the event of an emergency, until a veterinarian is available to take over your animal's care.

EQUINE FIRST AID

- Trail Kit
- Betadine solution
- Betadine scrub
- Electrolytes
- Neosporin
- Nolvasan
- Saline solution
- *Ace (acetylpromazine)
- *Banamine
- *Bute (phenylbutazone)
- *Dex (dexamethasone)
- Hydrogen peroxide
- Topical eye ointment
- Emergency blanket
- Paper and waterproof
- Flashlight/light sticks
- Stethoscope
- Bandage scissors
- Standing wraps
- Rolls of sheet cotton

- Easy Boot
- Vetwrap or Elastikon
- Hoof pick
- Duct tape
- Sharp knife
- Sterile gauze pads (4" x 4")
- Gauze rolls
- Latex gloves
- Cell phone (realize it quite possibly will not work)
- ³/₄" 1" hose (to keep nostrils
- open in a snake bite)Equine rectal
- thermometerSanitary napkins
- (to stop bleeding)
- Fly repellent

NORMAL HORSE VITAL SIGNS

- **Temperature:** 99 101 F
- **Pulse:** 30 42 beats per minute
- **Respiration:** 12 20 breaths per minute
- Capillary Refill (gums): 2 seconds or less
- Skin pinch test (hydration): should snap back immediately
- **Mucous membranes of gums:** should be pink (not pale/white or blue/purple)

Learn the "normal" vital signs for each of your stock. Record the normal vital signs for each of your stock animals at rest and include this list in each first aid kit. Learn how to take your horse's vital signs.

IF AN EQUINE EMERGENCY OCCURS

- Stay calm and do not panic.
- Gather your animal's vital signs and other information to give to the vet.
- Call the veterinarian or send someone to seek help.
- Keep the horse as quiet and still as possible.
- Enlist help from others before evaluating or treating a sick or injured animal.
- Evaluate the location and severity of the illness or injury.



*These prescription medications should be obtained from your veterinarian, along with specific instructions on how and when to administer each.

RENDEVOUS 2023

The 2023 rendevous was held at California Ranch Company outside of Temecula. Rendevous was March 23 thru 26. This was a great horse facility with plenty of space and nice arenas. Kristyn Harris provided a concert on Friday night that was well attended. Matt Sheridan was the clinician for the week-end and provided some great practical informaton. We also attended a very informative equine dentistry presentation.

The High Sierra unit was well represented by Danny Baumgardner and Bob Herrick who teamed up to take 1st place in pack odd loads. It was interesting to see the different pack teams take on the odd loads and how they put them together. All seemed to have worked just fine.

As usual there were great vendors with unique items and lots to choose from. BLM had corrals with mustangs and burros of all colors. Many found new homes. Trail Trials had a great showing. It is always fun to see the great ostacles to try out with your horse or mule. Dutch oven cooking was wonderful. The smells and taste of campfire cooking is always something to enjoy.

The next Rendezvous is already in the works. Be sure and put it on your calendar and plan to attend.

All photos from: BCHC



Danny Baumgardner and Bob Herrick

www.bchcsjsu.org

Make sure you check out our website for updates on the Home page, Calendar page, and Newsletters. We also have a Photos page of our latest activities.

If you have any photos send them to Duane at wpeverill@sebastiancorp.net

www.bchcsjsu.org

Advertising Rates

Classified Ads

\$.10/word with a 20 word minimum (\$2.00),\$.50 a line after that.

Display Ad Rate per issue

 Business Card Size, \$8.00,
 1/2 page, \$35.00,

 1/4 page, \$20.00,
 Full Page, \$50.00

Prices are subject to change without notice. All prices are for one month, due the 10th of the month. Editor reserves the right to refuse inappropriate ads.

All paid Ads include an E-mail Blast to all members with current emails

Attention

Your SJS Unit Board of Directors would like to invite any of our members to attend the monthly Board meetings or General meetings. It is important all directors have the same opportunity to hear the information, concerns or suggestions you wish to share. We are volunteers doing our best to keep our Unit informed and working smoothly. Refer to the newsletter for the information regarding times and location of upcoming meetings.

Respectfully,

Joe Kaminski

1/4 Page Ad

\$20 per Month



"Travel Advantage"

Dear BCHC Members

Check out the latest edition of "Travel Advantage", @ www.ytbtravel.com/bchc a travel newsletter full of terrific deals from YTB, our BCHC travel partner. The newsletter is chock full of great ideas for anyone's next getaway! You can download an icon to your computer desktop for instant connection to the BCHC Getaway website.

Please forward "Travel Advantage" newsletter to your friends and family and other BCHC supporters. The more we get the word out, the more people will use the BCHC Getaway travel site to take advantage of great rates on hotels, flights, rental cars and other travel-related items, the more BCHC will earn for our Treasury!!

Please do not hesitate to contact me if you have any questions about the travel site, how it works or what BCHC earns by participating in this great opportunity. Thank you for supporting and promoting BCHC Getaway!!

C.J. Hargreaves BCHC Editor/Travel Site Coordinator cjohargreaves@verizon.net

2021 OFFICERS/DIRECTORS

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CANCELLED DESERT RIDE

By: Jim Laber Photos by: Doug & Jim Laber



Starlight Ranch House

Well, that went south real fast. Everyone knows the desert ride was scheduled and cancelled twice for weather. The second date was from March 31 through April 2nd and of course it looked like Hwy 58 and Tehachapi were going to get slammed with snow just like a week prior. Well Doug and I had had enough with the weather and no riding, so we went anyways by ourselves. The trip there on Thursday was clear and uneventful. We enjoyed 2 days with no wind and even rode out to the to the petroglyphs that we had hoped to take all that signed up. Sunday very early in the morning the house began to make noises as the wind was coming up and into the 20-30mph range. By the time we woke it was blowing around all that was not nailed down. We packed up and left with 2 rides in the memory banks. There are more pictures on our unit facebook page of the area and the petroglyphs. Weather permitting and we don't get another heat wave we hope to go out the weekend of the 19-21 of May. If you would like to join us, please RSVP to my cell at 559-250-7906. The flower bloom on the desert floor was just getting started last time and hope to see a spectacular bloom.



Looking across at Palmdae/Lancaster, Antelope Valley



Milling grinding rock bed below Petro Glyph



Highlined inside 2 acres gated property



Petro Glyph (looks like a soldier with helmet from this view)



Road 140

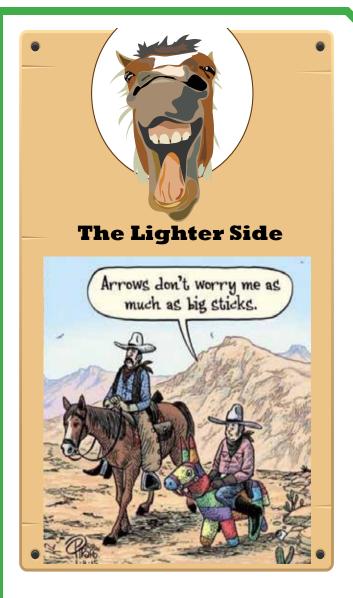


Speedy Recovery to Muriel Holland from her horse accident.

Get well Katie Horst for Broken hand.

Thank you to Marily Reese for great presentation at General Meeting





WELCOME TO OUR NEW MEMBERS!

2022 Brandy, Josiah and Brayden Robison, Toll House Robert & Ashley Goodman, Fresno Sara Quinn, Sanger Lisa Sanli, Bakersfield Todd Street, Bakersfield Kurt Billingsly, Danville Chris Dokendorf, Raymond Robert & Ashley Goodman Summer & Jake Price Scott Long and Family Leann Seroka Alain & Danielle Jeschien



BCHCSJSU SHIRTS

On the trails we work and ride we share the trail with others, that at times have trouble seeing us because of shadows and various modes of transportation used, especially in non wilderness designated areas.

For that reason your unit board of directors has made this shirt available for safety on trail rides and work parties as well as a way to promote our unit and its activities.

Order you BCHCSJSU Trail Work/Riding Shirt

To order call Gary Van Sickle with size and quanity.

X \$14.65 each _

CHEST

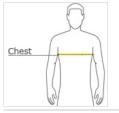
(Qty)

(Total)

Make checks payable to BCHCSJUS and send to:

Attn: Gary Van Sickle BCHCSJSU P.O. Box 25693 Fresno, CA 93729-5693

HOW TO MEASURE



Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

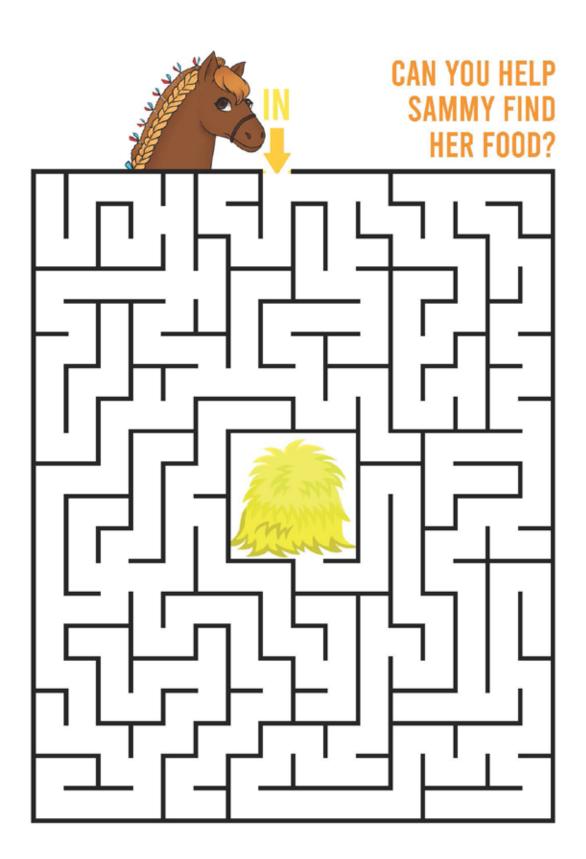
SIZE CHART

| | S | м | L | XL | 2XL | 3XL | 4XL | 5XL |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| Chest | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | 54-56 | 58-60 | 62-64 |





KIDS CORNER



| Backcountry Horsemen of California MEMBERSHIP | | | MAIL TO: | BCHC MEMBER 1280 State Yerington I | Rt. 208 |
|---|--|--|---|---|---|
| APPLICATION | PARENT U | NIT AFFILIATION: (| Select and CHECK a | a Unit as your A | Affiliation) |
| New Renewal Change | Antelope Valley Eastern Sierra High Country High Sierra Kern River Valley siness Names, Print Clearly | Kern Sierra Lake-Mendo Los Padres Mid Valley Mother Lode | North Bay Pacific Crest Redshank Riders Redwood San Diego San Joaquin Sierra ER'S NAME – MUST | Santa Ana Sequoia Shasta Tr Sierra Free Sutter Bu Top of the | a River inity sepackers ttes e State |
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| Email Address: Donation to BCHC Education | | | | | print legibly) |
| Total Enclosed: \$ | | | | | |
| Associate Mem | Unit Name (fro | PER UNIT is added to your <i>E FOR THE SAME UNIT</i> | Parent Unit Dues | NIT _ \$15.00/Unit \$15.00/Unit | |
| | Unit Name (fro | m above list) | | | |
| | Please clip form al | al choices here | 1 1 | | _ |
| Parent BCHC Membership Types Individual, Family, (Shared*), Benefact A Parent Membership is affiliated with a BCHC members may NOT hold more th Membership. *A SHARED Membership is for two ad share a common address. ASSOCIATE MEMBERSHIPS These special Memberships are only ava Parent BCHC Membership. No one ma Membership without 1) having registere types, and 2) having selected Parent Unit | or, Patron, and Mt. Whitney a single Local Unit. han ONE active Parent ults with differing last names who hilable to persons already holding y sign up for an Associate d one of the Parent Membership | KEEP FOR YOUF I submitted an Appl I submitted an Appl Family (Shared) M Young Adult (18-2 2 Year Individual 2 Year Family 3 Year Family Benefactor Member Patron Membership Mt. Whitney Membership | RECORDS ication Form for a new ship embership 5 years old) rship obership | | Verification of BCHC membership is available via (1) BCHC unit president's reports (2) BCHC membership chair reports (3) a self- addressed stamped envelope submitted with |



Big Meadows Horse Camp Sponsors



Your unit pays the cost of maintaining and hosting the Big Meadows horse camp. We are seeking sponsors (8) in total that will be exclusive to the Business/Industry type. Sponsorships are \$500 each per calendar year. Sponsors will be advertised on our web page, our facebook page, at the camp, and in our monthly newsletter. Please show your support to these sponsors. If you or someone you know would like to be a sponsor please contact Joe Kaminski at (559) 909-0505. If interested in being a camp host for this season, contact Jim Knabke at (559) 779-4715.





San Joaquin Sierra Unit

P.O. Box 25693 Fresno, CA 93729-5693

Objectives & Purpose of the Backcountry Horseman of California From the BCHC Bylaws

- To improve and promote the use, care and development of California backcountry trails, campsites, streams and meadows; to advocate good trail manners.
- To promote the conservation and utilization of our backcountry resources in concert with livestock transportation.
- To keep the backcountry trails and forage areas open to horseman on all public lands.
- To keep current information before the Corporation membership and its local Units regarding new legis-lation or management plans related to government regulations of the backcountry.
- To support or oppose new proposals, plans and restrictions as related to the interest of horsemen and those persons interested in recreational stock use and enjoying the backcountry.
- To promote the interest of people who, due to health or physical factors, need transportation other than by foot on backcountry trails.
- To promote public awareness and interest in the historical aspect of horsemen and stock in the back-country and to help educate backcountry users on the ways to use the trail and foraged in a manner that conserves the backcountry resources.
- To assist in keeping the public informed of the vital need for a clean backcountry.
- To promote a working relationship with and keep the work and interests of the Corporation before our local, state and federal officials.
- To assist in the formation and continuation of local Units to carry out these purposes.