

SAN JOAQUIN SIERRA

Hoof Prints

May 2021

Issue 37

San Joaquin Sierra Unit, BCHC
PO Box 25693
Fresno, CA 93729-5693

Email: membership@bchcalifornia.org (membership email only)
On the WEB: www.bchcsjsu.org (SJS Unit) or
www.bchcalifornia.org (State)

BACKCOUNTRY HORSEMEN



Concerned Men and Women Dedicated to Gentle Use of California Trails and Backcountry

Presidents Message



Unfortunately we had to cancel our popular playday. Hopefully we will be able to reschedule in the future. For those of you who are ready to get out and ride, we are having a campout at Jose Basin in May. We will be sticking to the dirt roads to avoid pitfalls from fire damage. The weather should be great and it will be a great time to gather around the campfire. Check on our calendar for dates.

Once again I want to remind you to get your reservations in for Montana de Oro. As you know this ride is very popular and usually fills up every year. For reservations contact Gary Van Sickle at 559-288-0301.

We are also looking forward to our annual Poker Ride at Shaver Lake. The ride will take place in areas untouched by the fire. It should be a great time with good food, great fellowship and lots of fun. As always we will be looking for raffle donations. Last year the donations were great and we really appreciate the help. We look forward to another great ride.

Hope that you have some great rides planned this summer. Be sure to send pictures in for the newsletter. We hope to see you on the trail. Be safe and have fun.

Thanks to all who continue to participate and those of you who continue to be part of our unit. Don't forget if you would like to sponsor a ride we would be glad to have your input.

Remember to stay in the saddle, the ground is hard,

Joe Kaminski
President

CONTEST TIME

Find the Hidden Hoof Print! 

First person to find the hidden hoof print in this newsletter and email Jim Laber @ jim@visaliaidea.com

Will Get A Free

BCHCSJSU Long Sleeve Color T-Shirt

GOOD LUCK!

Cabin Camping and Ride

Shaver Lake, California

Two nights – June 10th and 11th.

Members only. Accommodates 7 guests.

One horse per guest. Water hose and forage hay available at highline.

One dog per family. No stallions.

Minors must have BCHC Liability Waiver with parent's signature.

Breakfast and dinner provided.

Bring your drinks in ice chest, and saddle bag snacks.

RESERVE YOUR BUNK.

Cara Peterson (559) 901-5364

Carasblueprint2@gmail.com





San Joaquin Sierra Unit

Board Meeting Mar.2, 2021

Call to order: 6:30

Flag salute

Roll Taken: President: Joe Kaminski, Vice President: Ruth Cramer, Secretary: Carol Kaminski, Treasurer: Gary Van Sickle

Directors: Sue Van Sickle, Jan Mikkelsen, Steve Naylon

Minutes review and approved: 1st Gary, 2nd Sue

Correspondence: Big Meadows checks

Committee reports:

Education:

Membership:

Newsletter: Articles due Mar.20. Looking for articles.

Public lands:

Sunshine:

Shaver Lake: Waiting for insurance. Poker Ride is on.

Big Meadows: Host list is full except for one week.

OLD BUSINESS. 1. 2021 Events -

April 10 - Desensitizing Steve Naylon's. Jan to bring obstacles.

April 24 - Clovis Rodeo Parade

May - Beginning pack and Ride

May 1 - Shaver Camp to open

May 19 - General Meeting

May 22-23 Big Meadow work days

June 10-11 Cara's Cabin Ride

June 12-13 Maxson Causeway work party

June 23-28 Edison Work Party July 8-12 Montana de Oro

Aug. 1-7 Crown Valley Work Party

Aug. 21 Shaver Lake Poker Ride

Sept. 11 Memorial Ride location- TBD

Oct. 7-11 Coastal Mounted Ride (non-club)

RENDEZVOUS Oct. 29-31.

Nov. 6 Election meeting/ playday Steve Naylon's Luck o' the Irish

Dec. 11 Christmas dinner

2. Audit- completed

NEW BUSINESS:

Next meeting April 6

Adjourn 7:15 Sue 1st, Ruth 2nd

2021 Calendar

Board Meetings are on the 1st Tuesday of the month. All members are welcome to attend. Board meetings start at 6:30 pm at the Clovis Elks Lodge, 535 Woodworth Ave. (Bullard & Woodworth).

Calendar & Ride schedule is on-going, and new events and rides will be published when confirmed.

Note: Dates and events are subject to change or cancellation; calling the contact person is recommended or checking www.bchcsjsu.org

2021

April 6	Board Meeting
April	Jody Collins Mule and Donkey Clinic(horses welcome)
April 10	Trail Trial-Desensitization-Fun Day
April 24	Clovis Parade
May 1	Shaver Camp Opening
May	Begining Packing and Ride
May 4	Board Meeting
May 15-16	Shaver Trail Project/Get Together Potluck
May 19	General Meeting
May 22-23	Big Meadows Work Party Contact Joe 559 909-0505
May 25-30	Bishop Mule Days (non BCHC event)
June 8	Board Meeting
June 10-11	Cara Ride. Limit 7
June 12-13	Maxson Meadows Work Party Contact Joe 559 909-0505
June 26-July 2	Edison work party Contact Joe 559 909-0505
July 6	Board Meeting
July 8-12	MDO Coast Ride/Camp Out Click for Info/Reservation Form
Aug 3	Board Meeting
Aug 21	Poker Ride Shaver Lake Fishing Camp access road.
Sept 7	Board Meeting
Sept 11	BCHC SJSU Memorial Ride Location TBA
Oct 5	Board Meeting
October 7-11	Coastal Mounted Unit MDO (non BCHC event)
Oct 29-31	Rendezous
November 2	Board Meeting
November 6	Play Day/General Meeting Elections Meeting.
December 7	Board Meeting
December 11	Christmas Dinner

Is there any activity that you would like to sponsor? We are always looking to improve the club and making it fun for all members. Please submit your ideas, kaminskiclan@gmail.com. You may call 559.909 0505 and I will get back to you.

Joe Kaminski
President

Remember to check for any Unit updates at our Web Site:

www.bchcsjsu.org for the San Joaquin/Sierra Unit,

www.bchcalifornia.org for the State Web Site

The purpose of this publication is to keep its members in- formed on important issues that affect all horsemen and to inform the membership on up-coming events within the unit. The views and opinions expressed in this newsletter are those of the editor & authors and not necessarily shared by BCHC.

BBQ Dutch Oven Chicken and Potatoes

This BBQ Dutch Oven Chicken and Potatoes recipe couldn't be easier, and it will absolutely be a big hit on your next camping trip. Soooo yummy!

INGREDIENTS:

3-4 large chicken breasts	1 red onion, chopped
1 package of bacon	1 lb butter, optional
5 small potatoes, sliced into 1/4 – 1/2 inch slices	1 bottle of your favorite BBQ sauce
	26 coals

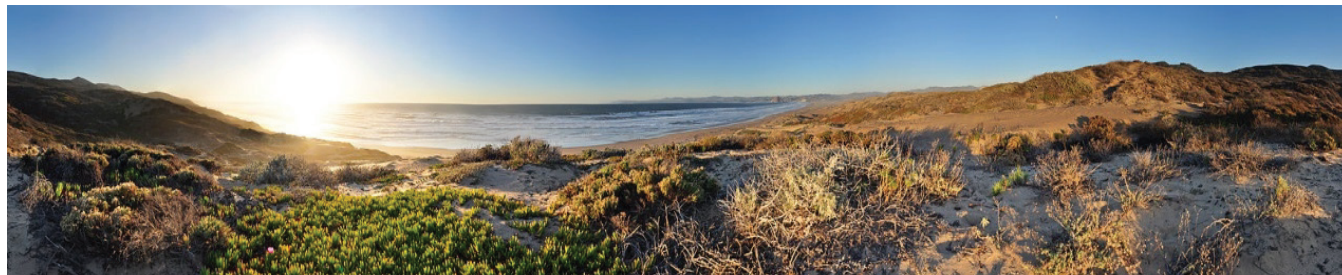


INSTRUCTIONS:

1. Make sure your coals are burning nicely. Place dutch oven on top and put bacon in dutch oven.
2. Cook bacon until cooked. Drain most of the excess grease (you want to keep probably 1/4 cup in the dutch oven)
3. Add onions, potatoes, chicken breasts, onion, butter, and BBQ sauce into the dutch oven.
4. Cover with lid and make sure there are 14 coals underneath the the dutch oven and 12 on top.
5. Cook about 35-50 minutes, or until the chicken is done.



San Joaquin Sierra Unit



Come and enjoy Horse Camping at the Madrone Group Horse Camp at

Montana De Oro State Park

The park's name, "Mountain of Gold," comes from the golden wildflowers that bloom in spring. The Park features over 8,000 acres of rugged cliffs, secluded sandy beaches, coastal plains, streams, canyons, and hills, including 1,347-foot Valencia Peak. No dogs are allowed on trails.

July 8, 9, 10, 11, 12, 2021

Camp is available from 2:00pm Thursday 7/8/21 until noon Monday 7/12/21.

There are miles of horse trails along the beach and in the foothills for all levels of riding.

Potluck: Join us for a potluck dinner Saturday night. Bring an item to be shared and your own meat item for our grill.

Cost: Horse and rider for 4 days is \$ 45.00; Additional individuals \$ 3.00

Madrone Group Camp has 18 corrals, pit toilets, water for horses only, no showers, and no hook-ups.

Contact Information: Gary Van Sickle (559) 288-0301

This is a BCHC-SJSU sponsored event and you must be a member of BCHC to attend.

Reservations are limited and will only be taken upon receipt of signed check with reservation form below.

NAME:		PHONE:	
ADDRESS:			
Please make check payable to BCHC-SJSU and mail with completed reservation form to: Gary Van Sickle 31831 Road 132 Visalia, CA 93292	EMAIL:		Amount
	Number of Horses with rider		@ \$ 45.00 ea. \$
	Additional individuals		@ \$ 3.00 ea. \$
	TOTAL:		\$

SUNSHINE CORNER

Stay Safe Everyone
and Happy Trails



The Lighter Side

A cowboy is riding on his horse in a desert. Suddenly, he sees a man lying down with his ear to the ground.

The man: "A carriage. Six horses. Three black, two brown, and one white."

The cowboy: "Wow! You can hear all of that?!"

The man: "No, they just ran me over."

WELCOME TO OUR NEW MEMBERS!

Kristine Kassahn, Fresno

Renee Badertscher, Fresno

Amy Crawford and Terlinde Hannes, Brentwood

Cheryl Bernard, Lemoore

James & Nicky Henderson, Woodlake

Lupe Ibarra, Merced

Calli Shanley, Bakersfield

Susan Hamar, Prather

Lisa Curry, Prather

David Stout, Auberry

James and Nicky Henderson, Woodlake

Kevin Meikle, Clovis

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TRAIL ADVOCACY

Actions That Affect

Where You Can Ride

Live Oak Trail Is Open To Hikers

Live Oak Trail was opened to hikers as of Wednesday, April 15, 2021.

What Can You do NOW?

To the Live Oak Equestrian Trails Fund (Through our Partner the Santa Barbara Trails Council)

AND

Take Action

PLEASE ATTEND THE PARKS COMMISSION MEETING THURSDAY, APRIL 22nd at 9:30am!

Ask to speak during the Live Oak Trail agenda item.

A list of our concerns with the “pilot project” and the trail opening are listed Here. You can speak on any or all of those points or come up with your own.

We need a show of numbers for this meeting; just like we had a couple of weeks ago at the Board of Supervisors hearing.

Attached is the Agenda and Meeting Material for the next Park Commission Meeting scheduled for Thursday, April 22nd at 9:30am.

The meeting will be held virtually via Zoom.

Join Zoom Meeting:

Meeting ID: 813 5480 6185

Passcode: 903344

One tap mobile

+16699006833,,81354806185# US (San Jose)

Remember to join our Facebook Group: SAVE Santa Barbara County Equestrian Trails has been created for all information on Live Oak and our efforts. Please SHARE this link with your Friends and Family and other riding groups.

County-Wide Recreational Master Plan

Our continued push for equestrian trails will be particularly important over the next 18-months as the County-Wide Recreational Master Plan goes forward.

It is important to take the Survey.

If you manage emails for a riding group in Santa Barbara County, we ask you to please cut and paste the information below and email to your membership.

If you have family, friends, acquaintances that you ride with, please forward this email to them.

Dear Trail Riders:

Please take a moment to take this survey. YOUR RESPONSE is even more important since our last email blast (more to come about that) and only takes a few minutes. Thank you to those who have already responded, and in advance to you who will take the time to respond.

We that live and/or ride in Santa Barbara County are presented right now with a once-in-a-lifetime opportunity to express our ideas on recreation, when, where and how we recreate, and what we think our needs will be in the future. We are spreading the word and invite all interested trail riders to participate in the survey described below to ensure equestrian riding trails are included in the planning, funding and construction of recreational trails in the future.

Santa Barbara County Parks Department is preparing a Countywide Recreation Master Plan (Master Plan) and as a first step, to gather our in-put, has commissioned a Recreation Needs Survey. This is a unique chance to let our County officials know of our trail needs as equestrians and to speak to the decision-makers of the future. If we don't tell them, how will they know that we want and need more, safe trails for our riders??? Your survey responses will be used to develop the County-wide Master Plan.

Trails and open space are a major component of the Master Plan, and we hope that trail riders will take just a few minutes to make their voices heard, and in huge numbers! We are hoping to generate 1000 responses!

PLEASE take the Survey and emphasize that there is a need for:

New and expanded trails for equestrian use.
Adequate trailhead parking and staging areas.
The ability to ride safely (such as at Live Oak Camp).

Here is the link to the online Recreation Needs Survey: (<https://www.surveymonkey.com/r/sbcrecplan>)
Also, there is a brief Kids Survey with just 4 questions so the little ones can get involved too (<https://www.surveymonkey.com/r/sbcrecplankids>)

Both are available in English and Spanish.

****If you want to respond, but need a bit of assistance responding via your computer or phone, please send an email to info@santaynezvalleyriders.org along with your phone number and Kathy or David will give you a call and can talk you through it. Your response is that important!!!****

Please pass this on to those you ride with. Let's get everyone to turn out!

More information can be found at: <https://www.countyofsb.org/parks/recmasterplan.sbc>

A BRIEF HISTORY OF THE LIVE OAK TRAIL (aka Cachuma Equestrian Trail)

The Santa Ynez Valley Riders (SYVR) is the oldest equestrian riding group in the Santa Ynez Valley. SYVR was, at one time, part of Equestrian Trails International (established in 1944), but split from that group in the 1960's, although SYVR still shares the mission: "Dedicated to Equine Legislation, Good Horsemanship, and the Acquisition and Preservation of Trails, Open Space and Public Lands"

Our member Mr. Bob Crowe, who has since passed away, was instrumental in securing the Live Oak trails for equestrian riders in the 1980's. Recently, his widow, Donna Crowe, gave all the documentation of that process and the original maps of the trail system to SYVR. Our history with the Live Oak Trail (or Cachuma Equestrian Trail, as it was named back then), goes back over 30 years.

Bob became President of the Santa Barbara Trails Council and worked tirelessly with the Bureau of Reclamation (USBR) - the Federal agency that manages the land around Cachuma Lake and in particular, the Lake's water management) and County of Santa Barbara (the local agency that leases the land from the USBR for recreational purposes) to accomplish all relevant environmental studies, develop a Management Plan and fund and install the gates and a kiosk at the trailhead. Through Bob's work the Live Oak Trail was established by the Santa Barbara Board of Supervisors as Cachuma Equestrian Trail in 1988.

Just over a year ago, the kiosk at the Live Oak Trailhead, which served to alert riders of potential trail hazards, provided a map of the trail system, and even had a brass plate identifying that the SYVR had donated the kiosk, had gone missing. The SYVR followed up with the staff at Cachuma Lake with the intent of replacing the kiosk this winter. The staff said they had removed the kiosk because it was old but are amenable to replacing the kiosk, BUT at that time County staff also informed us of the proposed changes in users on Live Oak Trail via a "Pilot Program" to open the trail to hikers, then later bikes.

SYVR and indeed, no one, knew of the "Pilot Program" (Pilot), but to develop or change users on trails (or any recreational use for that matter), the County must develop plans, and public review and comment provided for.

In February 2021, the SYVR and SYVEA joined up to work with the County Team to consider equestrians concerns and suggestions to improve and maintain equestrian safety and provide an enjoyable recreational experience for trail riders at Live Oak Trail. The suggestion of a horse camp at Live Oak Camp is also now on the table and is part of the discussions.

UPHOLD THE INTEGRITY OF THE WILDERNESS ACT

Voice Your Opposition to H.R. 1349

Mountain bikes in designated Wilderness?

For over 50 years it's been prohibited by the landmark Wilderness Act. But a new group, the Sustainable Trails Coalition (STC), intends to change that. The STC's president proclaimed that legalizing mountain bikes in wilderness is inevitable.

We need your help to ensure that this won't happen. Please contact your member of Congress today to say they should not support H.R. 1349.

Importantly, the International Mountain Bicycling Association does not support the STC's goals or tactics. That makes the cries of the STC sound very isolated within the mountain biking community. The STC currently is "shopping" among Congress for support for H.R. 1349. They claim that bikes were always intended to be included in the Wilderness vision.

Back Country horsemen, we need your help! Please educate your member of Congress on why mountain bikes in Wilderness is a bad idea.

The infant STC organization, formed in 2015, thinks they can dictate the terms of how people access and enjoy Wilderness. Yet Section 4(c) of the 1964 Wilderness Act states: "...there shall be...no use of motor vehicles, motorized equipment"...and **"no other form of mechanical transport..."** Clearly, bikes are mechanical transport.

The STC claims that the Wilderness Act has become the victim of outdated thinking and bureaucratic "lethargy and inertia." That's far from the truth. It just doesn't fit with the STC's wishful thinking. The vision behind this celebrated act of Congress is just as relevant today—if not more so—than it was over 50 years ago.

Why oppose mountain bikes in Wilderness? In the continental U.S., less than 3% of the land is designated wilderness. That's just 3% of the landscape to which horseman can escape and be assured of a relatively primitive recreational experience. Further, according to the U.S. Forest Service, 98 percent of all the trails on land it manages outside of designated wilderness are open to bicycles. It and other agencies continue to create and open new mountain biking trails across the country. So it's hard for folks to argue that not allowing bikes in wilderness is restricting or harming public access.

Other reasons bike use would be problematic include:

- The rapid speeds at which mountain bikes are capable of traveling, combined with their often silent approach, would create significant safety hazards for horsemen on steep, narrow or winding trails.
- Worse still would be safety hazards for persons leading a pack string, where a bike startling the least-trained horse or mule among the pack string could bolt and/or endanger the entire party.
- Solitude or a primitive and unconfined recreational experience would be lost if horsemen were forced to constantly scan the trail ahead and over their shoulder for rapidly approaching bikes.

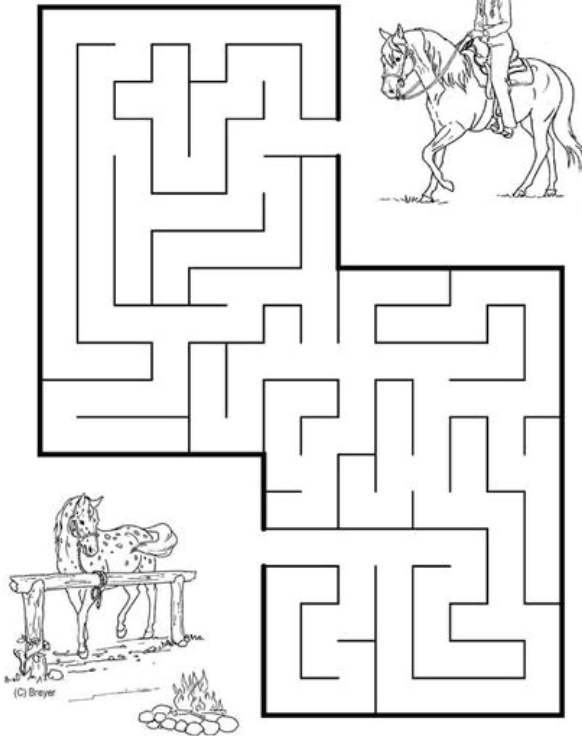
Please join BCHA in voicing opposition to H.R. 1349, which would authorize bikes in Wilderness. Call your member of Congress today.

The Capitol Switchboard can connect you to your legislator in Washington DC.

Call: (202) 224-3121. **But please call today!**

KIDS CORNER

Help the rider get back to camp



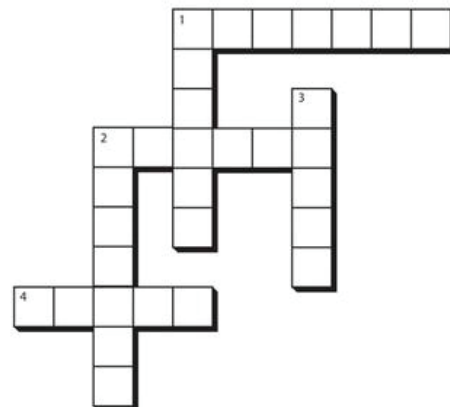
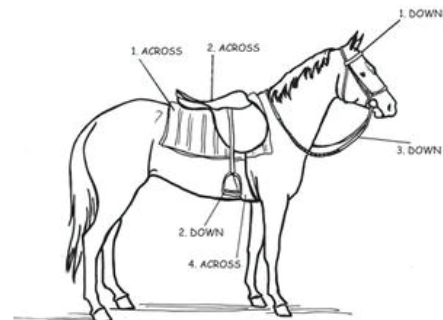
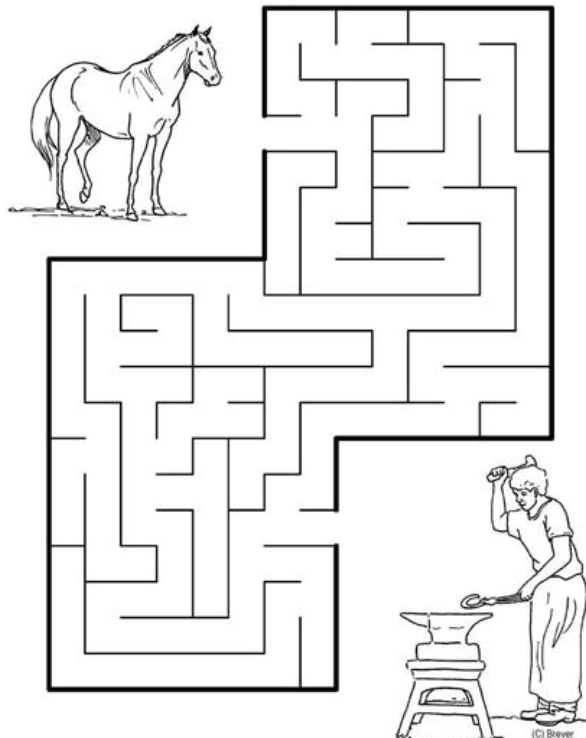
Tack Shop Word Find



saddle
bridle
reins
girth
halter
stirrups
brush
bucket
lead rope
pad

(C) Breyer

Your horse lost a shoe. Help him get to the blacksmith.



BIG MEADOWS HORSE CAMP – Open and Still Free Horse Camping

Open 2021 courtesy of Backcountry Horsemen of California – San Joaquin Sierra Unit

BACKGROUND

Big Meadows Horse camp is located in the Sequoia National Forest at about the 7000 foot elevation. The camp is for horse camping. There are about 16 pipe corrals with campsites with fire rings. This camp has been open to the horse-public for many years on a no reservation, no fee basis. However, the US Forest Service (USFS) was scheduled to have a vendor take over this site and have it run as a fee, reservation only horse campground in 2016. Because of the long association of Backcountry Horsemen of California (BCHC) with this site, the USFS agreed to let BCHC run the site. Our club has operated the campsite since 2016 and has had a BCHC host as well. The camp will be run pretty much as it always has – no fees, first come – first serve.

KEEPING THE BIG MEADOWS HORSE CAMP OPEN

If you are a horseman and like to ride in the Sierras and have not been to this camp, this is a great venue. If you are a veteran of the camp and have enjoyed staying, you can keep enjoying the camp. Our club unit is a volunteer organization and the camp will stay open if we can afford the expense of maintaining the camp (we have to pay for trash pick-up, lavatory supplies, etc.). **Donations are what will keep the camp open and running as it always been run** – otherwise it could become a very expensive outing with all the reservations gone on January 1. So if you like the camp, help keep it the way it is!

Donations can be sent to : **BCHC San Joaquin Sierra Unit**

P.O. Box 25693, Fresno, California 93729-5693

Mark Donations for Big Meadow Horse Camp

LOCATION

The camp is in Sequoia National Forest on the edge of Sequoia-Kings Canyon National Park (you have to enter the park to get here). From Fresno, CA, take highway 180 eastward to The Generals Highway (highway 198) and turn right onto 198; go about 7 miles to forest road 14S11 and turn left. There is a Big Meadows sign there; road 14S11 is paved; the camp is about 4 miles up the road (camp co-ordinates are 36°43'01.76N 118°50'57.71W).

There is no drinking water at the camp – bring your own. Early season may have some stock water available, but you should plan on the need to have water for your stock.

There is a good, maintained pit toilet at the site.

Fire rings are at the campsites; weather, drought, and USFS control whether fires are allowed or not.

Will be open in 2021 starting when weather permits (probably sometime in late May)

BIG MEADOWS 2021

Our Club will again be in charge of the Big Meadows Horse Camp in 2021. We need

Volunteer Camp Hosts for the upcoming season. If you are a host you get a guaranteed camp site and two corrals for your animals. There are some host duties but they are not burdensome. The season runs from about the end of May to the end on September. Savvy members will snap up their preferred dates. Enjoy the High Sierras and help your club. Call (559-779-4715) or email (jjknabke@comcast.net) Jim for more info.

www.bchcsjsu.org

Make sure you check out our website for updates on the Home page, Calendar page, and Newsletters. We also have a Photos page of our latest activities.

If you have any photos send them to Duane at wpeverill@sebastiancorp.net

www.bchcsjsu.org

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Classified Ads

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\$.50 a line after that.

Display Ad Rate per issue

Business Card Size, \$8.00,	1/2 page, \$35.00,
1/4 page, \$20.00,	Full Page, \$50.00

Prices are subject to change without notice. All prices are for one month, due the 10th of the month. Editor reserves the right to refuse inappropriate ads.

All paid Ads include an E-mail Blast to all members with current emails

Attention

Your SJS Unit Board of Directors would like to invite any of our members to attend the monthly Board meetings or General meetings. It is important all directors have the same opportunity to hear the information, concerns or suggestions you wish to share. We are volunteers doing our best to keep our Unit informed and working smoothly. Refer to the newsletter for the information regarding times and location of upcoming meetings.

Respectfully,
Joe Kaminski

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"I don't horse around when it comes to selling your porperty"

"Travel Advantage"

Dear BCHC Members

Check out the latest edition of "Travel Advantage", @ www.ytbtravel.com/bchc a travel newsletter full of terrific deals from YTB, our BCHC travel partner. The newsletter is chock full of great ideas for anyone's next getaway! You can download an icon to your computer desktop for instant connection to the BCHC Getaway website.

Please forward "Travel Advantage" newsletter to your friends and family and other BCHC supporters. The more we get the word out, the more people will use the BCHC Getaway travel site to take advantage of great rates on hotels, flights, rental cars and other travel-related items, the more BCHC will earn for our Treasury!!

Please do not hesitate to contact me if you have any questions about the travel site, how it works or what BCHC earns by participating in this great opportunity. Thank you for supporting and promoting BCHC Getaway!!

C.J. Hargreaves
BCHC Editor/Travel Site Coordinator
cjhargreaves@verizon.net



BACKCOUNTRY HORSEMEN OF CALIFORNIA

EQUINE FIRST AID

WHAT TO HAVE AND HOW TO USE IT

PLAN AND PREPARE

Depending on where you are riding or packing, in the event of an equine emergency, it may take several hours or longer for your stock to be treated by a veterinarian. You should plan and prepare to be on your own in caring for your injured stock for several hours or longer.

If you are traveling away from home, create and take with you a list of several local large animal veterinary hospitals that could treat your stock, in the event of a medical emergency. Include the hospital name, address, phone numbers and directions (if you do not have GPS).

Prepare a complete equine first aid kit for your trailer or packing, and a smaller one to take on the trail in your saddlebags. You will need the supplies necessary to stabilize your stock in the event of an emergency, until a veterinarian is available to take over your animal's care.

EQUINE FIRST AID

- | | |
|---------------------------|--|
| • Trail Kit | • Easy Boot |
| • Betadine solution | • Vetwrap or Elastikon |
| • Betadine scrub | • Hoof pick |
| • Electrolytes | • Duct tape |
| • Neosporin | • Sharp knife |
| • Nolvasan | • Sterile gauze pads (4" x 4") |
| • Saline solution | • Gauze rolls |
| • *Ace (acetylpromazine) | • Latex gloves |
| • *Banamine | • Cell phone (realize it quite possibly will not work) |
| • *Bute (phenylbutazone) | • 3/4" – 1" hose (to keep nostrils open in a snake bite) |
| • *Dex (dexamethasone) | • Equine rectal thermometer |
| • Hydrogen peroxide | • Sanitary napkins (to stop bleeding) |
| • Topical eye ointment | • Fly repellent |
| • Emergency blanket | |
| • Paper and waterproof | |
| • Flashlight/light sticks | |
| • Stethoscope | |
| • Bandage scissors | |
| • Standing wraps | |
| • Rolls of sheet cotton | |

NORMAL HORSE VITAL SIGNS

- **Temperature:** 99 – 101 F
- **Pulse:** 30 – 42 beats per minute
- **Respiration:** 12 – 20 breaths per minute
- **Capillary Refill (gums):** 2 seconds or less
- **Skin pinch test (hydration):** should snap back immediately
- **Mucous membranes of gums:** should be pink (not pale/white or blue/purple)

Learn the "normal" vital signs for each of your stock. Record the normal vital signs for each of your stock animals at rest and include this list in each first aid kit. Learn how to take your horse's vital signs.

IF AN EQUINE EMERGENCY OCCURS

- Stay calm and do not panic.
- Gather your animal's vital signs and other information to give to the vet.
- Call the veterinarian or send someone to seek help.
- Keep the horse as quiet and still as possible.
- Enlist help from others before evaluating or treating a sick or injured animal.
- Evaluate the location and severity of the illness or injury.

Prevention
is not good luck,



it's good management!

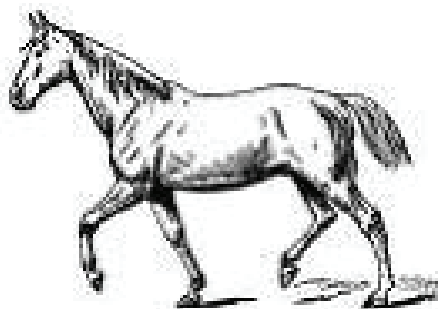
**These prescription medications should be obtained from your veterinarian, along with specific instructions on how and when to administer each.*

COLIC

Colic is a general term for pain in the gut of a horse or mule. Colic is the number one cause of death in the equine world. It has many causes and its symptoms range from mild to fatal. You cannot look at a horse at the beginning of a colic episode and accurately assess the severity of the situation.

If you observe the symptoms of colic in your stock:

1. Note and write down the time initial symptoms were observed.
2. Contain the horse in an area free of manure for observation.
3. Remove all feed, but leave water available.
4. Take and record your horse's vital signs.
5. Consult with a vet by telephone, if possible.
6. Be prepared to immediately transport your stock to veterinary care, if necessary.



TYING UP OR AZOTURIA

Symptoms of "tying up" may include: sudden reluctance or inability to move; excessive sweating; resting heart rate over 60 BPM; resting respiration rate over 30 BPM; hard, tense hindquarter muscles; a painful and stiff gait and swishing tail. "Tying up" is exercise-related muscle degeneration due to the build-up of lactic acid in the blood, resulting in severe cramping and pain. If you notice these signs, stop and dismount immediately. To continue moving your horse may cause further muscle damage. Do not attempt to walk your horse out of it. Prescription medications may be administered under the orders of a vet. Horses that have tied up once are prone to do so again. Consult with your vet about conditioning and diet factors that may help to prevent tying up.

ELECTROLYTE IMBALANCE OR DEHYDRATION

Tying up that occurs well into a ride may be associated with electrolyte imbalance or dehydration. This condition needs to be addressed differently than azoturia. Keep the horse moving to avoid cramping and attempt to correct any imbalances that have occurred.

CUTS, LACERATIONS, ABRASIONS, PUNCTURES, ROPE BURNS

First, evaluate the wound or injury carefully. If there is enough loss of blood, a horse may go into shock. Stopping profuse bleeding is extremely important. To stop profuse bleeding:

1. Start with an inch-thick wad of clean gauze, a whole roll of gauze or a sanitary napkin and press that on the wound.
2. Wrap a roll of gauze to keep the initial wad in place.
3. Then add a layer of padding (sheet cotton, standing wrap or a towel).
4. Hold that in place with Vetwrap or Elastikon.
5. If the wound bleeds through, DO NOT remove the bandage! Instead, add more pressure with another layer of gauze pads and another snug layer of Elastikon or Vetwrap.

If your stock suffered a puncture wound, flush the wound with dilute Betadine solution and consult with your vet as soon as possible. If an animal's eye is injured, seek veterinary care immediately.

LAMENESS AND HOOF INJURIES



If your horse or mule suddenly becomes lame, you must assess the degree of lameness to see if the stock can continue on.

Any equine, unable to bear its own weight, should be evaluated by a veterinarian as soon as possible. All other

lameness should be evaluated to see if you can identify the source of the problem. Always carry an Easy Boot or other shoe replacement, in the event of a shoe lost on the trail.

- Carefully evaluate your animal's lame leg, looking for heat, swelling and obvious wounds.
- Check the foot for rocks or debris and remove any you find.
- If you find a nail, call your vet before removing it. The vet may want to evaluate the injury before removing the nail.
- If you find heat or swelling and you feel qualified to put on a correct wrap, apply a support bandage. You can cause more damage with an incorrectly applied wrap.
- If your horse refuses to bear weight on the limb, keep him still and send someone for help. Continued exercise on a severe injury can cause permanent damage.

2021 OFFICERS/DIRECTORS

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Past President

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BCHCSJSU SHIRTS

On the trails we work and ride we share the trail with others, that at times have trouble seeing us because of shadows and various modes of transportation used, especially in non wilderness designated areas.

For that reason your unit board of directors has made this shirt available for safety on trail rides and work parties as well as a way to promote our unit and its activities.

Order you BCHCSJSU Trail Work/Riding Shirt

To order call Gary Van Sickle with size and quantity.

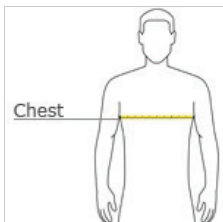
_____ X \$14.65 each _____
(Qty) (Total)

Make checks payable to BCHCSJUS and send to:

Attn: Gary Van Sickle
BCHCSJSU
P.O. Box 25693
Fresno, CA 93729-5693



HOW TO MEASURE



CHEST
Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

SIZE CHART

	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64

Backcountry Horsemen of California



MAIL TO: **BCHC**
MEMBERSHIP
1280 State Rt. 208
Yerington NV 89447

MEMBERSHIP APPLICATION

PARENT UNIT AFFILIATION: (Select and CHECK a Unit as your Affiliation)

☐ **New** ☐ **Renewal**
☐ **Change**

(indicate change)

<input type="checkbox"/> Antelope Valley	<input type="checkbox"/> Kern Sierra	<input type="checkbox"/> North Bay	<input type="checkbox"/> Santa Ana River
<input type="checkbox"/> Eastern Sierra	<input type="checkbox"/> Lake-Mendo	<input type="checkbox"/> Pacific Crest	<input type="checkbox"/> Sequoia
<input type="checkbox"/> High Country	<input type="checkbox"/> Los Padres	<input type="checkbox"/> Redshank Riders	<input type="checkbox"/> Shasta Trinity
<input type="checkbox"/> High Sierra	<input type="checkbox"/> Mid Valley	<input type="checkbox"/> Redwood	<input type="checkbox"/> Sierra Freepackers
<input type="checkbox"/> Kern River Valley	<input type="checkbox"/> Mother Lode	<input type="checkbox"/> San Diego	<input type="checkbox"/> Sutter Buttes
		<input type="checkbox"/> San Joaquin Sierra	<input type="checkbox"/> Top of the State

DCTR (your Membership

MEMBER'S NAME – No Business Names, Print Clearly SPOUSE/Co-MEMBER'S NAME – MUST SHARE SAME ADDRESS

Street Address/PO Box

City State Zip Code (full 9 digits if known) Area Code Phone number

Email Address: (please print legibly)

Donation to BCHC Education Fund (tax deductible) \$

Total Enclosed: \$ Check No.

Parent Unit Membership Types (Check one)

☐ Individual \$50 ☐ Family \$60 ☐ 2 Year Individual \$90 ☐ 2 Year Family \$110 ☐ 3 Year Individual \$125 ☐ 3 Year Family \$150

Young Adult (18-25 years old) \$15 – Benefactor \$100 – Patron \$250 – Mt. Whitney \$500

Associate Memberships: An Additional \$15 PER UNIT is added to your Parent Unit Dues

Associate Memberships Unit Affiliations MAY NOT BE FOR THE SAME UNIT AS YOUR PARENT UNIT

Associate Membership for: \$15.00/Unit

Unit Name (from above list)

Associate Membership for: \$15.00/Unit

Unit Name (from above list)

Add additional choices here

Please clip form along dashed line and keep the below portion for your records

Parent BCHC Membership Types

Individual, Family, (Shared*), Benefactor, Patron, and Mt. Whitney

A Parent Membership is affiliated with a single Local Unit.
BCHC members may NOT hold more than ONE active Parent Membership.

*A SHARED Membership is for two adults with differing last names who share a common address.

ASSOCIATE MEMBERSHIPS

These special Memberships are only available to persons already holding Parent BCHC Membership. No one may sign up for an Associate Membership without 1) having registered one of the Parent Membership types, and 2) having selected Parent Unit affiliation.

Complete information regarding BCHC Membership is available on the MEMBERSHIP TAB at
bchcalifornia.org
or call (775) 463-3634

KEEP FOR YOUR RECORDS

I submitted an Application Form for a new -

<input type="checkbox"/> Individual Membership	\$ 50.00
<input type="checkbox"/> Family (Shared) Membership	\$ 60.00
<input type="checkbox"/> Young Adult (18-25 years old)	\$ 15.00
<input type="checkbox"/> 2 Year Individual	\$ 90.00
<input type="checkbox"/> 2 Year Family	\$110.00
<input type="checkbox"/> 3 Year Individual	\$125.00
<input type="checkbox"/> 3 Year Family	\$150.00
<input type="checkbox"/> Benefactor Membership	\$100.00
<input type="checkbox"/> Patron Membership	\$250.00
<input type="checkbox"/> Mt. Whitney Membership	\$500.00

On that form, I also requested:

Associate Memberships \$

My Total Remittance: \$

My Check Number: _____

Date Mailed: _____

Verification of BCHC

membership is available via (1) BCHC unit president's reports (2) BCHC membership chair reports (3) a self-addressed stamped envelope submitted with this form or (4) a valid email address



Big Meadows Horse Camp Sponsors



Your unit pays the cost of maintaining and hosting the Big Meadows horse camp. We are seeking sponsors (8) in total that will be exclusive to the Business/Industry type. Sponsorships are \$500 each per calendar year. Sponsors will be advertised on our web page, our facebook page, at the camp, and in our monthly newsletter. Please show your support to these sponsors. If you or someone you know would like to be a sponsor please contact Joe Kaminski at (559) 909-0505. If interested in being a camp host for this season, contact Jim Knabke at (559) 779-4715.



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 email: CarasBlueprint@sbcglobal.net
www.carasblueprint.com



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visaliaidea.com

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 FAX 559-636-3690



orders@visaliaidea.com



BACKCOUNTRY HORSEMEN OF CALIFORNIA
HIGH SIERRA UNIT

Dr. Karl J Pendegraft, DDS
 5415 w hillsdale vis 93291
 559-733-1097

Cathie Walker
Riddle Ranch

Clark's Leather Shop
559-999-9861

Available

Available

Available



San Joaquin Sierra Unit

P.O. Box 25693
Fresno, CA 93729-5693

Objectives & Purpose of the Backcountry Horseman of California

From the BCHC Bylaws

- To improve and promote the use, care and development of California backcountry trails, campsites, streams and meadows; to advocate good trail manners.
- To promote the conservation and utilization of our backcountry resources in concert with livestock transportation.
- To keep the backcountry trails and forage areas open to horseman on all public lands.
- To keep current information before the Corporation membership and its local Units regarding new legis-lation or management plans related to government regulations of the backcountry.
- To support or oppose new proposals, plans and restrictions as related to the interest of horsemen and those persons interested in recreational stock use and enjoying the backcountry.
- To promote the interest of people who, due to health or physical factors, need transportation other than by foot on backcountry trails.
- To promote public awareness and interest in the historical aspect of horsemen and stock in the back-country and to help educate backcountry users on the ways to use the trail and foraged in a manner that conserves the backcountry resources.
- To assist in keeping the public informed of the vital need for a clean backcountry.
- To promote a working relationship with and keep the work and interests of the Corporation before our local, state and federal officials.
- To assist in the formation and continuation of local Units to carry out these purposes.