# SAN JOAQUIN SIERRA **Hoof Prints**

March 2023

Issue

San Joaquin Sierra Unit, BCHC **PO Box 25693** Fresno, CA 93729:5693

Email: membership@bchcalifornia.org (membership email only) On the WEB: www.bchcsjsu.org (SJS Unit) or www.bchcalifornia.org (State)



Concerned Men and Women Dedicated to Gentle Use of California Trails and Backcountry

## **Presidents Message**



If you are not familiar with Big Meadows horse camp, it is a camp we sponsor in the Sequoia National Forest. Set in Ponderosa pines at an elevation of about 7200' this is a beautiful camping area. There are no reservations however if you host you are guaranteed a camp spot and two pens for your stock. Dates are filling fast for the upcoming season. If you would like to sign up to host at Big Meadows in

2023 just let Jim Knabke know. His e-mail is jjknabke@ comcast.net. Remember as host you are guaranteed two corrals and a camp spot. Thanks to those who continue to support the Big Meadows camp, we could not continue without your support.

We are so thankful for the rain and snow. With the rain and snow keeping our calendar is a challenge. Please check calendar as events may have to cancel or reschedule.

Our calendar is available both on our website and in our newsletter. Keep an eye on the calendar and hope to see

you at one of the events. Thanks to all who continue to participate and those of you who continue to be part of our unit. Don't forget, if you would like to sponsor a ride we would be glad to have your input.

Remember to stay in the saddle. The ground is hard.

Ioe Kaminski President

# CONTEST TIME

Find the Hidden Hoof Print!



First person to find the hidden hoof print in this newsletter and email Jim Laber @ jim@visaliaidea.com

> Will Get A Free **BCHCSJSU Long Sleeve Color T-Shirt**

> > **GOOD LUCK!**

**Congratulations to Chris Dockendorf** for being the first one to find the hoof print last issue!

## 2023 Calendar

Board Meetings are on the 1st Tuesday of the month. All members are welcome to attend. Board meetings start at 6:30 pm at the Clovis Elks Lodge, 535 Woodworth Ave. (Bullard & Woodworth).

Calendar & Ride schedule is on-going, and new events and rides will be published when confirmed. Note: Dates and events are subject to change or cancellation; calling the contact person is recommended or checking www.bchcsjsu.org

## 2023

December

Jan 3	Board Meeting
Jan 19-23	CANCELLED MDO Camp Out /Ride
Feb 7	Board Meeting
March 3-5	CANCELLED Laber Brothers Desert Ride
March 7	Board Meeting
March 15	General Meeting
March 24-26	BCHC Rendezvous
March 31	Fresno State Mule Packers First annual Dinner Dance
April 4	Board Meeting
April	Desentizing Clinic (TBA)
April 29	Clovis Parade
May 2	Board Meeting
May 5-7	San Joaquin River Gorge Work Party/Camp out/Ride
May 17	General Meeting
June 3	Big Meadows Work Party
June 6	Board Meeting
June TBA	Raffle Ride Shaver Lake
June 23-29	Edison Work Party
July 5	Board Meeting
July 13-16	Montana de Oro Campout Click for Flyer/Reservation
August 1	Board Meeting
August 4-7	Chamberlain Work Party
September 5	Board Meeting
September 9	Memorial Ride
October 5-9	Coastal Mounted Unit MDO(non unit event)
October 18	Election/General Meeting (Location TBA)
November 3	Board Meeting
November 4	BCHC-SJU Unit Dinner
December 5	Board Meeting

Christmas Dinner Will NOT BE HELD THIS YEAR

Is there any activity that you would like to sponsor? We are always looking to improve the club and making it fun for all members. Please submit your ideas, kaminskiclan@gmail.com. You may call 559.909 0505 and I will get back to you.

Joe Kaminski President

Remember to check for any Unit updates at our Web Site:

www.bchcsjsu.org for the San Joaquin/Sierra Unit,

www.bchcalifornia.org for the State Web Site

The purpose of this publication is to keep its members in-formed on important issues that affect all horsemen and to inform the membership on up-coming events within the unit. The views and opinions expressed in this newsletter are those of the editor & authors and not necessarily shared by BCHC.

### **PULLED PORK CHILAQUILES**

No one expects a dish this delicious while camping. By preparing the pork at home, cooking over the fire is kept to a minimum. Store leftovers in the cooler, and then reheat and serve with a fried egg for a breakfast that will fuel your adventures all day.

#### **INGREDIENTS:**

- 2 tablespoons unsalted butter
- 1 yellow onion, thinly sliced
- ½ (16 ounce) jar tomatillo salsa
- 1 cup chicken stock

- 8 cups tortilla chips
- 2 ½ cups shredded aged Cheddar cheese (such as Beecher's Flagship)
- 2 cups citrus-braised pulled pork



#### **INSTRUCTIONS:**

- 1. Set a cast iron Dutch oven over hot coals. Heat butter until melted. Add onion; cook, stirring often, until soft and deeply browned in parts, 5 to 7 minutes.
- 2. Pour salsa and chicken stock into the Dutch oven; bring to a boil. Layer in 1/2 of the chips, Cheddar cheese, and pulled pork. Repeat with the remaining chips, Cheddar cheese, and pulled pork (see Cook's Note for recipe link). Cover and cook until cheese is melted, about 5 minutes.

#### **COOK'S NOTES:**

Serve with chopped jalapenos, crumbled cotija cheese, Mexican crema or sour cream, lime wedges, and chopped fresh cilantro. Use a mix of Cheddar cheese, Gruyere, or Monterey Jack as desired.

Take the Dutch oven off the coals if it starts to get too hot. The residual heat will be enough to melt the cheese.



#### San Joaquin Sierra Unit

Board Meeting Jan. 3, 2023

Call to order: 6:30

Flag salute

Roll Taken: President: Joe Kaminski, Vice President: Ruth Cramer Secretary: Carol Kaminski, Treasurer: Gary Van Sickle

Directors: Sue Van Sickle, Richard Telles, Tami Telles, Doug Laber, Marcy Hansen, Past President: Duane Peverill

Minutes review and approved: 1st Duane, 2nd Doug

Correspondence:

Committee reports:

Education:

Membership:

Newsletter: Articles due Jan. 20.

Public lands:

Sunshine: cards sent Shaver Lake: Closed

Big Meadows: Closed. Sign ups being taken for host. Duane to blast.

**OLD BUSINESS.** 1. EVENTS for 2023

Jan 19-23 MDO. \$45 per pen. Drop dead date Jan.11!

Feb. 16-19 Starlight Ranch

Mar. 24-26 Rendezvous Temecula.

April - Clovis Rodeo Parade

May - Jose' Basin

June - Shaver Ride Raffle

NEW BUSINESS: 1.MDO -July - Duane to RSVP for July

- 2. Christmas 2023 Loss on 2022. 2023 Elks raising cost. Discussion was held on new location possibilities.
- 3. Change on calendar Board meetings need to be stated.
- 4. Dave Stamey discussion
- 5.General meetings Jan. canceled, Mar.15, Apr. desensitizing, Oct. 18 Elections
- 6. State meeting Feb. 3-4 Visalia
- 7. Volunteer hours Turn in to Ruth

Next meeting: Feb 7, 2023

Adjorn: 7:40 Sue 1st, 2nd Ruth

## KEP CAMP A TRIP FROM THE PAST

One thing nice about the back country is for the most part it remains the same. About 21 years ago two friends, Carol and I took on a most memorable pack trip to Kep Camp on Bear Creek. This unusual name is said to have come by way of a sheep herder who put up a sign asking people to leave camp clean. He misspelled keep with kep and thus the name Kep Camp.

Kep camp is a most beautiful spot on Bear creek above Mono Hot springs. To get there you drive up above Mono to the trail head. From there you follow Bear creek up towards the PCT. Prior to arriving at the PCT you will find Kep Camp. We did not know of any feed in the area so we took cubes.

We established a base camp to ride out from. It was late July and the water was flowing down Bear Ceek. That first evening we caught trout for fish tacos, nothing better. We had a bucket of water that we left out only to find solid ice the next morning. One of the guys had brought a new sleeping bag. To his surprise it was a youth bag to say the least he was very cold all night.

The next morning we ventured to Rose lake. It was a beautiful ride and a gorgeous lake above tree line. Our stay was cut short as a storm was brewing we headed back to base camp.

The trip ended all too soon but the memories will last forever.











## BACKCOUNTRY HORSEMEN OF CALIFORNIA

# Bare Bottom Basics

A COMMON SENSE GUIDE FOR PROPER SANITATION

Imagine— it's late afternoon, high in the backcountry. You gently check the heat beneath your cook pot in drooling anticipation of your evening feast as you begin to relax with a sense of achievement in the extra effort it required to get here. The awe-inspiring vista laid out before you is truly splendid as the sun gently dips behind the magnificent granite peaks. The serenity of the mountain meadow, the beauty of the alpine lake, the majestic grandeur of the stately pines and the errant strand of double-ply toilet tissue wafting delicately in the breeze through your camp! HUH!!?

Sadly, this scenario (or one equally disgusting) is played out all too frequently. In many areas there is no such thing as complete isolation in our backcountry any longer. If you are there, chances are someone else has been there too and how we deal with our waste is of prime concern.

Many folks don't have a clue when it comes to dealing with the most basic of human functions in the backcountry, away from the friendly confines of their personal, porcelain throne! While difficult and uncomfortable for many to discuss, the subject of bowels is one that is common to us all.

Please take the time to learn these Gentle Use Techniques to properly dispose of your waste and toilet items. They are easy to master and will help to make you a better backcountry visitor. Everyone will appreciate the proper disposal of human waste as we enjoy our time in the backcountry.

Whether you use the term Gentle Use, Tread Lightly, Minimum Impact, or Leave No Trace, the principles are all the same.

It is a simple fact that humans regularly consume both food and water and the end product is the production of urine and feces.

Urine attracts wildlife. Animals may defoliate plants because of salt in urine. Therefore, urinating on non-vegetated soils away from any water source is a simple solution.

Solid waste is a bit different. The problem is that fecal waste is the medium for disease. Some of the most common means of transmission are direct contact with feces, contact with a contaminated insect, or ingestion of contaminated water. Improper disposal of human waste can produce significant health hazards. The most common problem being a severe diarrhea with dehydration. This can be very dangerous to you and others.

Proper disposal should ultimately accomplish the following objectives:

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Avoid pollution of the water source

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m A}$ void negative response of others finding it

Minimize the possibility of spreading disease

Maximize the rate of feces decomposition

No means of human waste disposal is without problems. No single recommendation is correct for every situation. Use toilets where they have been provided. If these are not available, then you must consider all factors and use other methods: catholes, latrine, or pack it out.

In popular areas one method to consider is the use of catholes. Decomposition is slow, but the prime objective is to decrease contact with others. The main idea behind the use of catholes is to disperse the waste, not concentrate it. Always choose a site out of the way, where others are unlikely to walk,

and more than 200 feet from any water source, trails and camps. Dig your hole six to eight inches deep. It should have at least two inches of topsoil. Camouflage the surface when you are finished.

Latrines are another suitable option of human waste disposal. They may be necessary when disposal sites are limited. They are appropriate for large groups in popular areas during long stays. This is especially

true if you have inexperienced campers or young children. If you dig a latrine, make it wider than it is deep, but a minimum of twelve inches deep. After each use cover the feces with soil and compress with shovel to help with decomposition. When the waste is four inches from the surface, fill it in.

For group use during an extended stay, modification of the latrine is advisable. Dig a shallow trench or a series of catholes. The advantages are an appropriate site and the feces are not concentrated in one hole. This should only be used in an area which is non-vegetated or has exposed mineral soil.

Now for the toilet paper (T.P.) topic. Toilet paper that is discarded or uncovered can linger. This is disgusting to others and a health hazard. When you use T.P. try to get by with the smallest amount possible. Please consider non-perfumed and non-ink printed products. The best option is to put it in a plastic zip-lock bag and pack it out. One alternative is to burn it later in a hot fire. (A hot fire does sterilize and incinerate). At the bare minimum, bury it deep in the cathole with the feces. Remember in a dry or cold environment the paper lasts a long time. At some point you may run out of

that great modern invention! At that time you may have to consider another source such as leaves, grass, rocks, pine cones, sticks or snow.

Feminine hygiene articles are another story. The best solution is to double or triple bag them and carry them out with your trash. You may pack them with crushed aspirin, used tea bag, baking soda to reduce odor. Never bury them in latrines

or catholes as animals will dig them up. They are difficult to burn and you need a really hot campfire for complete combustion. Ladies — your cycle may begin one week earlier due to change in altitude, increase in exercise or change in daily routine. Please go prepared! Extra precautions are needed in bear country.

Sometimes it is uncomfortable for people to talk about these subject so we hope this information has been of help and that you will take the time to consider how you have managed your waste in the past and how you will in the future.

## Please Be A Gentle User



## www.bchcsjsu.org

Make sure you check out our website for updates on the Home page, Calendar page, and Newsletters. We also have a Photos page of our latest activities.

If you have any photos send them to Duane at wpeverill@sebastiancorp.net

www.bchcsjsu.org

## **Advertising Rates**

#### **Classified Ads**

\$.10/word with a 20 word minimum (\$2.00), \$.50 a line after that.

#### Display Ad Rate per issue

Business Card Size, \$8.00, 1/2 page, \$35.00, 1/4 page, \$20.00, Full Page, \$50.00

Prices are subject to change without notice. All prices are for one month, due the 10th of the month. Editor reserves the right to refuse inappropriate ads.

All paid Ads include an E-mail Blast to all members with current emails

### **Attention**

Your SJS Unit Board of Directors would like to invite any of our members to attend the monthly Board meetings or General meetings. It is important all directors have the same opportunity to hear the information, concerns or suggestions you wish to share. We are volunteers doing our best to keep our Unit informed and working smoothly. Refer to the newsletter for the information regarding times and location of upcoming meetings.

Respectfully, Ioe Kaminski 1/4 Page Ad \$20 per Month

AVAILABLE
ADVERTISING
SPACE

## "Travel Advantage"

Dear BCHC Members

Check out the latest edition of "Travel Advantage", @ www.ytbtravel.com/bchc a travel newsletter full of terrific deals from YTB, our BCHC travel partner. The newsletter is chock full of great ideas for anyone's next getaway! You can download an icon to your computer desktop for instant connection to the BCHC Getaway website.

Please forward "Travel Advantage" newsletter to your friends and family and other BCHC supporters. The more we get the word out, the more people will use the BCHC Getaway travel site to take advantage of great rates on hotels, flights, rental cars and other travel-related items, the more BCHC will earn for our Treasury!!

Please do not hesitate to contact me if you have any questions about the travel site, how it works or what BCHC earns by participating in this great opportunity. Thank you for supporting and promoting BCHC Getaway!!

C.J. Hargreaves BCHC Editor/Travel Site Coordinator cjohargreaves@verizon.net

#### **2021 OFFICERS/DIRECTORS**

#### President

Joe Kaminski, 559.909 0505 kaminskiclan@gmail.com

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Gary Van Sickle, 559-288-0301 gwvansickle@outlook.com

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#### **Facebook**

Paige Stambach, 559-909-3930 paigestambach@gmail.com

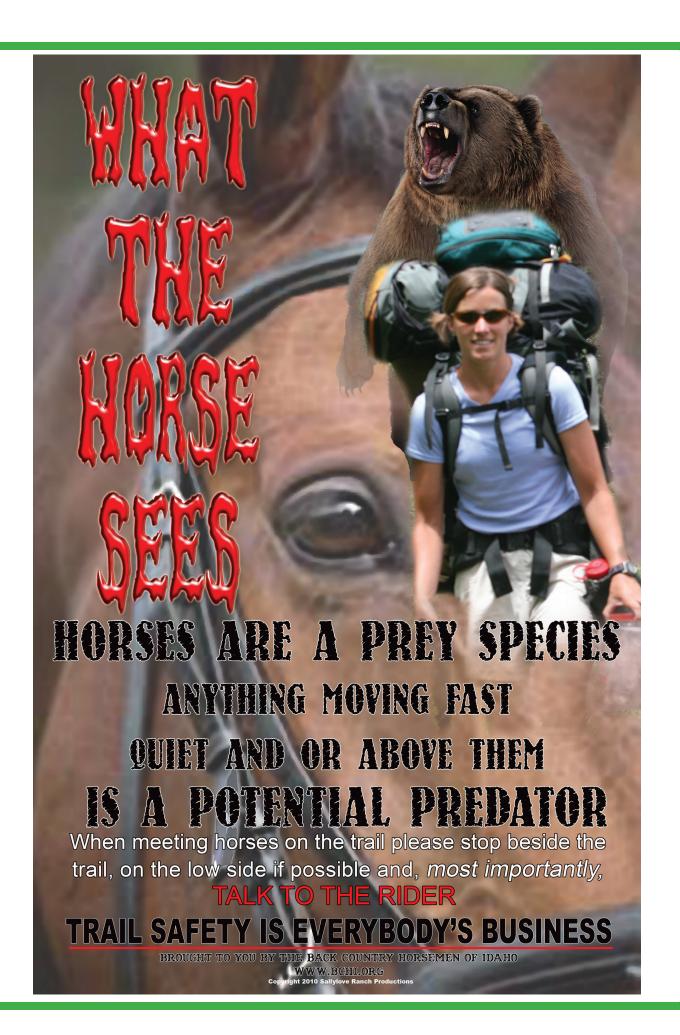
#### **Big Meadows Horse Camp**

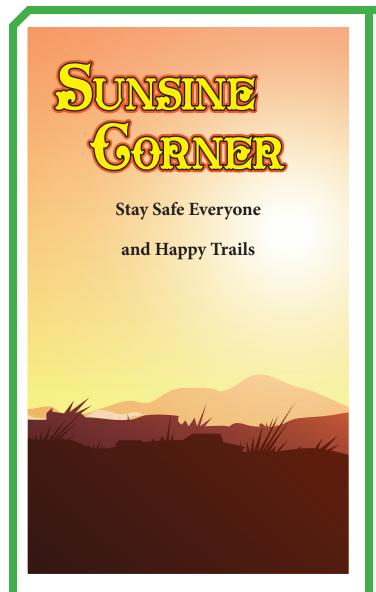
Jim Knabke, 559-299-3254 jjknabke@comcast.net

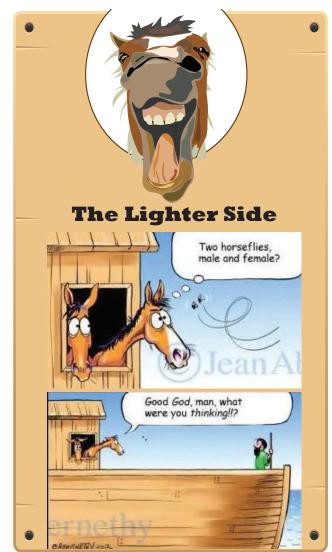
#### **ADVISORS**

#### **Past President**

William Duane Peverill 559-908-3138 wpeverill@sebastiancorp.net







# WELCOME TO OUR NEW MEMBERS!

2022

Brandy, Josiah and Brayden Robison, Toll House
Robert & Ashley Goodman, Fresno
Sara Quinn, Sanger
Lisa Sanli, Bakersfield
Todd Street, Bakersfield
Kurt Billingsly, Danville
Chris Dokendorf, Raymond
Robert & Ashley Goodman
Summer & Jake Price
Scott Long and Family
Leann Seroka

Alain & Danielle Jeschien



## **BCHCSJSU SHIRTS**

On the trails we work and ride we share the trail with others, that at times have trouble seeing us because of shadows and various modes of transportation used, especially in non wilderness designated areas.

For that reason your unit board of directors has made this shirt available for safety on trail rides and work parties as well as a way to promote our unit and its activities.

## Order you BCHCSJSU Trail Work/Riding Shirt

To order call Gary Van Sickle with size and quanity.

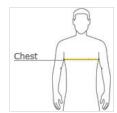
(Qty) X \$14.65 each (Total)

Make checks payable to BCHCSJUS and send to:

Attn: Gary Van Sickle BCHCSJSU P.O. Box 25693 Fresno, CA 93729-5693



#### HOW TO MEASURE

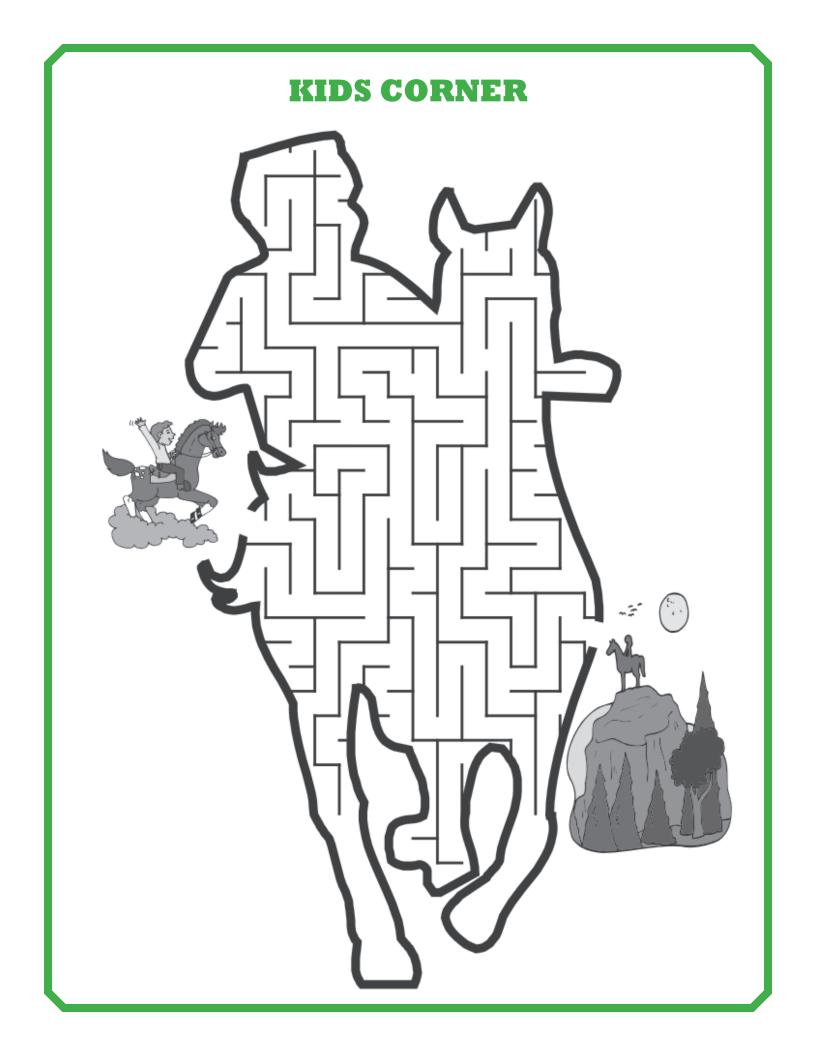


Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

#### SIZE CHART

	S	М	L	XL	2XL	3XL	4XL	5XL
Chest	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64





# **Backcountry Horsemen** of California



MAIL TO: BCHC MEMBERSHIP

MEMBERSHIP 1280 State Rt. 208 Yerington NV 89447

#### MEMBERSHIP APPLICATION

#### PARENT UNIT AFFILIATION: (Select and CHECK a Unit as your Affiliation)

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New Renewal	Antelope Valley	Kern Sierra	North Bay	Santa An	na River
	Eastern Sierra	Lake-Mendo	Pacific Crest	Sequoia	
Change	High Country	Los Padres	Redshank Riders	Shasta Ti	rinity
	High Sierra	Mid Valley	Redwood	Sierra Fr	eepackers
(indicate change)	Kern River Valley	Mother Lode	·		
L			San Joaquin Sierra	Top of th	ne State
DCTR (your Membership					
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Street Address/PO Box			( )		
City	State Zip Code (	full 9 digits if known	Area Code Phon	ne number	
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Young Adult (	(18-25 years old) \$15 – Benefacto	or \$100 – Patron \$250 –	Mt. Whitney \$500		
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A Parent Membership is affiliated with		☐ Individual Mem	bership	\$ 50.00	membership is available via (1)
BCHC members may NOT hold more Membership.	than ONE active Parent	Family (Shared)	Membership	\$ 60.00	BCHC unit
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*A SHARED Membership is for two a share a common address.	adults with differing last names who	2 Year Individua 2 Year Family	al	\$ 90.00 \$110.00	reports (2)
		3 Year Individua	al	\$110.00 \$125.00	BCHC membership
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bchcalifo	rnia.org		ce: ::	Φ	address
or call (775	) 463-3634	Date Mailed:			



## Big Meadows Horse Camp Sponsors



Your unit pays the cost of maintaining and hosting the Big Meadows horse camp. We are seeking sponsors (8) in total that will be exclusive to the Business/Industry type. Sponsorships are \$500 each per calendar year. Sponsors will be advertised on our web page, our facebook page, at the camp, and in our monthly newsletter. Please show your support to these sponsors. If you or someone you know would like to be a sponsor please contact Joe Kaminski at (559) 909-0505. If interested in being a camp host for this season, contact Jim Knabke at (559) 779-4715.











Available

**JOYCE AND MIC** 

Available



P.O. Box 25693 Fresno, CA 93729-5693

# Objectives & Purpose of the Backcountry Horseman of California From the BCHC Bylaws

- To improve and promote the use, care and development of California backcountry trails, campsites, streams and meadows; to advocate good trail manners.
- To promote the conservation and utilization of our backcountry resources in concert with livestock transportation.
- To keep the backcountry trails and forage areas open to horseman on all public lands.
- To keep current information before the Corporation membership and its local Units regarding new legis-lation or management plans related to government regulations of the backcountry.
- To support or oppose new proposals, plans and restrictions as related to the interest of horsemen and those persons interested in recreational stock use and enjoying the backcountry.
- To promote the interest of people who, due to health or physical factors, need transportation other than by foot on backcountry trails.
- To promote public awareness and interest in the historical aspect of horsemen and stock in the back-country and to help educate backcountry users on the ways to use the trail and foraged in a manner that conserves the backcountry resources.
- To assist in keeping the public informed of the vital need for a clean backcountry.
- To promote a working relationship with and keep the work and interests of the Corporation before our local, state and federal officials.
- To assist in the formation and continuation of local Units to carry out these purposes.